

ALUMNI, FAMILY & FRIENDS

DFRC Newsletter ★ 2016 Edition

DFRC: More than a game

We started our journey with DFRC 8 years ago. My son, Drew, was 7 years old when we became part of the DFRC family.

Every March, Drew eagerly waits for the yellow envelope to arrive in the mail to find out who will be his latest participant/friend. What we didn't expect was that the relationships he would develop with the participants would continue to last to this very day. Drew and his "friends" participated in the planned events through DFRC but also did things outside of DFRC. They went to the movies, museums, and played games. Drew became their biggest fan if his participants were involved in other activities such as baseball or softball.

He would even go see them when they were leaving for their proms. He has attended their graduation parties and has

even gone to one of their weddings.

Each May, I invite his current and past participants and families to come to his birthday party. They try to come every year. When I ask my son today what he loves about this program he says that he has made the greatest friends.

One of the most memorable years for us was when Drew was

asked to be an All-Star buddy. When I asked him what he thought about being chosen, he responded by saying, "I feel like an Olympian."

Drew took his role very seriously and was thrilled to meet Governor Markell. He even struck up a personal conversation with him about playing ping-pong Prior

Alaine Grunow

"This organization makes you want to

give back. It has been such a reward-

ing experience."

ing ping-pong. Prior to the game, he was able to walk out on the field and wave to all the people in the stands. To this day, I still tear up thinking about this moment

and will never forget the smile he had on his face.

Not only did my son develop

relationships with his participants but my whole family formed bonds with the participants and their families. We all benefited from this experience on so many levels and are still creating memories that will last a lifetime.

This year, I decided to volunteer rather than just participate in events with my son. This organization makes you want to give back. It



has been such a rewarding experience. I am proud to say that my daughter will be a participant this year and has also taken an active role volunteering for DFRC.

When you have a child with special needs, all you want is for your child to experience opportunities that all children have. This program makes my son feel whole and he feels comfortable with his peers and has developed relationships that will last a lifetime.

DFRC is more than just a game. At the core of DFRC you will find a family that is surrounded by love, support and understanding.



Students and Buddies: We Thank You! - Another fruitful year in the books

by Marc Latulippe

As we savor another incredible season for the DFRC Blue-Gold Football Game and Program, I'd like to congratulate all of this year's high school students and buddies for being selected to participate in the events leading up to and including our 61st Annual DFRC Blue-Gold All*Star Football Game.

Your active involvement in the DFRC family follows a long tradition of thousands of others who have taken this lifechanging journey...and one that I hope has taught everyone, in a unique and personal way, the truly meaningful purpose of DFRC and our Mission.

It's been my pleasure to have the opportunity to meet, work, and play with all of you at the various DFRC Blue-Gold events we've shared during these past few months. I look forward to the final weeks leading up to the big game on June 18th.

We had an incredible Participant Kick-off meeting at the end of January, and rocked the roof off of the Modern Maturity Center in March at our Hand-in-Hand Party,

where everyone had an amazing time dancing the afternoon away. We all had tremendous fun at our Statewide Buddy Bowling in April too!

As for my personal journey, I attended high school and undergraduate college in Maine, where I was heavily involved in the Boy Scouts of America, both as a youth and adult. I reached the rank of Eagle Scout and had the privilege to work at various Scout Camps across the country (Maine, Florida and New Mexico). Before I moved to Delaware I was also involved with Kiwanis, a global organization of volunteers dedicated to improving the world, one child and one community at a time.

Back in 2000, my career took me from Maine to Delaware. During those first

years of living in Delaware, I worked for community minded companies and participated in many work-sponsored events, but I truly didn't find an organization to call "family" until 2008 when I was invited by a colleague to join DFRC. This colleague, Bruce DiNardo, was serving as Game Chair that year and is now President of the DFRC Board of Trustees. Bruce's enthusiasm for the organization made me realize that this was something truly special. The goodness was contagious, and as such, I brought my wife Shannon into the family, where she had the honor to serve as the 2013 Game Chair.

As we prepare to celebrate the 61st DFRC Blue-Gold All*Star Football Game on June 18th, we are united in many ways, first as Delawareans. Although there will be a Blue team and a Gold team on the field, we are all here for one mission, to enrich the lives of Delawareans with intellectual dis-ABILITIES, and in so doing, we enrich the lives of all people.

This year, we have focused on a quote by Audrey Hepburn,

"Nothing is impossible, the word itself says 'I'm possible!""

This slogan speaks volumes in that we sometimes tend to think of things as impossible only because we're underesti-

mating our cognitive or physical abilities. When we do this, we create our own impossibilities. No matter what our ability, we all have our own goals in life. Because we are unique individuals, our goals are diverse, but if we put our mind and heart behind everything we do and leverage the strength of "family" around us, anything is POSSIBLE!

It has been my honor to serve DFRC and I look forward to seeing you all at Delaware Stadium on June 18th!

Marc Latulippe



"Nothing is impossible, the word

Audrey Hepburn

itself says 'I'm possible!'"

DFRC Family Fun Zone opens at 2:00 pm on Game Day, June 18, 2016!





DFRC 640 Plaza Drive Newark, DE 19702

Phone: 302.454.2730 Email: info@dfrc.org Tax ID: 51-0102390 DFRC is a 501(c)(3) charity www.dfrc.org

2016 DFRC BLUE-GOLD ALL★STAR FOOTBALL GAME LEADERSHIP Marc Latulippe – Game Chair Mary Lenhoff – 1st Vice Chair Lindsey Moeller – 2nd Vice Chair

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Redefining Perceptions

A disABILITY doesn't mean Disabled

Endless Possibilities in the Community, Inc. (EPIC)

Supporting people with disabilities who want to be "Part of the Action" in their communities

Endless Possibilities in the Community, Inc. (EPIC), introduced in January, is a new and exciting non-profit organization that initiated health and wellness fitness programming for adults with complex, multiple physical and intellectual disabilities.

EPIC's mission is aligned with the national movement away from programming within segregated settings to that within inclusive community settings of the client's choice on a full-time or parttime basis with non-disabled peers.

For over three years, EPIC's research, surveys and conversations with adults with disabilities, their parents and caregivers clearly demonstrated their desire for active, inclusive and fun programming. These preferences are currently not available to the vast majority of individuals with disabilities aged 18 years and older.

EPIC's full inclusion "program without walls" redefines current perceptions held by many, that people with disabilities are often looked at as individuals who are inferior and need to be either cured or helped. Helped often means segregated: separate in schools, work forces, daily activities, housing, etc.

EPIC is very appreciative of the personal and financial support received from community members and foundations throughout this journey. Serving as a prominent "voice of advocacy" within Delaware's disability community, funds secured from a DFRC grant will be spent for clients, following DFRC's mission to "enrich the lives of Delaware citizens with intellectual disABILI-TIES."

To begin implementation, EPIC's programing is initially limiting its focus to health and wellness fitness activities at the Bear/Glasgow YMCA. EPIC will soon address additional areas and choices of clients, including vocational, volunteer, recreation/leisure, and higher education options. The selfless sharing of the expertise and experience from EPIC's "partners" in the planning and development of active client engagement is at the heart of the "Y for All" program currently operating at the Bear/Glasgow YMCA.

For example, EPIC staff will be responsible for recruiting clients, as well as site supervision of clients and interns, community outreach and the necessary physical therapy. Interns from the Uni-

"EPIC's full inclusion "program without walls" redefines current perceptions held by many, that people with disabilities are often looked at as individuals who are inferior" versity of Delaware's Department of Behavioral Health and Nutrition will work individually with EPIC clients, supporting each to become actively engaged

socially with peers and improve their physical fitness while completing their health and wellness routines.

James Kelly, Vice President of Operations at YMCA of Delaware, and Terry Mullan, Executive Director of the Bear/Glasgow YMCA, have provided endless support in developing an accepting climate. This support includes a waiver of client YMCA membership fees, along with the purchase and installation of adapted equipment. ENLITEN Inc.'s innovative harnessing system is available for placement over existing treadmills and in the Zumba Room for active movement. Future placement in the swimming pool is being planned.

EPIC successfully completed a rigorous application process and is now an approved vendor of the State of Delaware's Division of Disability Services (DDDS) and will incrementally add clients to 'Y for All" as soon as its current DDDS participants are established within their programs.

If you are interested in learning more about EPIC or participation in the "Y for All" program, visit our website at epicdelaware.org or call 302-528-4503.





One small touch that lasts a lifetime... your gift makes this possible

DFRC has touched hearts and enriched the lives of Delawareans since 1956. Key to our success has been the DFRC Blue-Gold All★Star Football Game Hand-in-Hand Program, which is celebrating its 42nd anniversary in 2016.

Your gift of support to DFRC helps create opportunities like the Hand-in-Hand Program, as well as other programs and community services that maximize the potential, independence and enjoyment of life for Delawareans with intellectual disabilities.

Visit the DFRC website – www.dfrc.org – and click on the DONATE button to make your gift today.





In 2015, DFRC celebrated our 60th Anniversary and surpassed \$6 million in funding distributed throughout the state of Delaware, thanks to your support!

Annual DFRC fundraising events include:: DFRC Blue-Gold All * Star Football Game, DFRC Holidazzle, DFRC Blue-Gold Sussex Auction, DFRC Blue-Gold Golf Classics, DFRC Hockey for a Cause, and the DFRC Blue-Gold All * Star 5k Run/ 1 Mile Walk All the Difference, Inc. Easter Seals Delaware & Maryland's Wilmington Eastern Shore Statewide The Arc of Delaware Statewide **Endless Possibilities in the** Art Therapy Express Program, Inc. Community (EPIC) NEW New Castle County Newark **Best Buddies Delaware** Hearts, Hands, and Horses 4H Club Statewide Newark Center for Disabilities Studies Independent Resources, Inc. Wilmington University of Delaware Statewide Junior Achievement of Delaware Wilmington The CENTER for Therapeutic & **Educational Riding, Inc. Kent-Sussex Industries** KENT Townsend Milford **Red Clay Consolidated School District Collaborative Effort to Reinforce** Transition Success (C.E.R.T.S) - Project SEARCH Newark/Smyrna New Castle County **Delaware CarePlan** ServiceSource Delaware New Castle County Wilmington The Pilot School, Inc. Delaware Theatre Company Wilmington Totally Awesome Players SUSSE Wilmington VSA Delaware Dover **Delaware Developmental Disabilities** We provided 20 Delaware agencies and organizations Council vith grants totaling \$123,0001 Dover delaware foundation reaching citizens h intellectual disABILITIES

The mission of DFRC is to enrich the lives of Delawareans with intellectual disABILITIES

2016 DFRC ALUMNI, FAMILY & FRIENDS NEWSLETTER

DFRC THANKS ITS 2016 DFRC BLUE-GOLD ALL-STAR FOOTBALL GAME SPONSORS









SPORTS RADIO 1290 AM

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2016 All★Star Buddies



Brendan Popp, left, and Matt Beck, far right, are the 2016 Blue DFRC All★Star Football Buddies. Justin Haggerty, second from left, is the 2016 Gold DFRC All★Star Football Buddy. Marc Latulippe, second from right, is the 2016 DFRC Game Chair.



THIS 2016 EDITION OF THE DFRC NEWSLETTER IS BROUGHT TO YOU THROUGH THE KINDNESS AND GEN-EROSITY OF THE MOGLIA FAMILY FOUN-DATION. THE DFRC FAMILY IS DEEPLY GRATEFUL FOR THEIR SUPPORT.

you so much

Mark Your Calendars

June 11 — Saturday — 7 AM DFRC Blue-Gold Run/Walk

DFRC Blue-Gold Run/Walk at Irish Eyes in Lewes

June 6 — Monday

DFRC Blue-Gold New Castle County Golf Classic White Clay Creek Country Club

June 15 — Wednesday — 5:00 PM

Gold Football Scrimmage Caesar Rodney High School, Dover

June 15 — Wednesday — 5:00 PM

Blue Football Scrimmage Tower Hill School, Wilmington

June 18 — Saturday

GAME DAY 61st Annual DFRC Blue-Gold All★Star Football Game University of Delaware Stadium, Newark Family Fun Zone – 2 PM Opening Ceremonies on the field - 5 PM Kickoff – 6 PM

July 22 — Friday

DFRC Blue-Gold Kent County Golf Classic Maple Dale Country Club

September 2016 — 7 PM DFRC Blue-Gold Kickoff Classic Football Games

October 7 — Friday

DFRC Blue-Gold Sussex County Golf Classic Sussex Pines Country Club

November 5 — Saturday

DFRC Holidazzle Hockessin Athletic Club

June 17, 2017 - Saturday

62nd Annual DFRC Blue-Gold All★Star Football Game University of Delaware Stadium, Newark

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	INSTRUCTIONS: Yo order tickets for th	· · · · · · · · · · · · · · · · · · ·					
BE /	A BLUE-GOLD YE	ARBOOK PATRO	DN (*Must be rec	eived by Jur	ne 1, 20	16 to be included	l in the 2016 yearbook)
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	Please print your nar to appear in the 201	ne as you wish it 6 Yearbook					
PURCH	HASE TICKETS FO	R THE DFRC BLU	E-GOLD ALL★S1		(Orders	received after June 1	will be held at Stadium Will Call
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	Replacement Jerseys are \$100.00 each. Available to Alumni Players only. Delivery is 4 to 6 weeks. WRITE TOTA Please check Team Color BLUE GOLD Write Jersey Number BELOW						
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61st ANNUAL DFRC BLUE-GOLD ALL * STAR FOOTBALL GAME * Nothing Is Impossible *

We need your support to ensure the success of the DFRC Blue-Gold All ★ Star Program and Game and our mission to enrich the lives of Delawareans with intellectual disABILITIES. In 2016, we ask you to join us as we celebrate DFRC's 61st Anniversary ...61 years of caring and sharing!!

There are three ways you and your family can support DFRC programs that mean so much to so many. Please use the order form on the back of this page - you may mail your order with this self-mailer, or send your order by Fax to 302-454-2755 (credit card orders only, please).

Become a DFRC Blue-Gold All*Star Patron

and your name will appear in the 2016 Football Game Yearbook (if you respond by June 1, 2016).

Purchase tickets and plan to attend

this year's 61st Annual DFRC Blue-Gold All★Star Game. Bring your family and friends and get discounted tickets for groups of 10 or more. Even if you cannot attend the game, please know your ticket purchase will help us provide opportunities for many.



Order 2016 DFRC Blue-Gold All * Star Game Day T-shirts

for yourself and your family. Alumni Football Players may also order replacement jerseys featuring correct team colors and game numbers.

Nothing Is Impossible!

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